

AUGUST 21, 2023
HAPPY
NATIONAL
SENIOR CITIZENS DAY

→ www.partnersincaring.org

COMMUNITY
Partners
IN Caring



National Senior Citizens Day is a special day when we can all come together to show how much we appreciate the older folks in our community. It's on August 21st every year. This is a time to say thank you to our elders for everything they've done and the wisdom they've shared. It's also a chance to give a shout-out to the people and groups in our community who help take care of our seniors. Check out our website to see how you can connect, share stories, and make sure our older citizens are happy and supported.

Fostering Supportive Bonds in the Journey of Caring

Meet Joan and Dancer: Navigating Life's Twists with Grace

Once a professional model and dancer for a decade, Joan's life has been a testament to grace and poise. Retirement brought a transition from the spotlight to a role as a home health aide, where she dedicated herself to serving her community. But life's unpredictable twists soon cast new challenges her way.



Joan's spirit remained unbroken even as she faced the hurdles of aging and health issues. "Attitude makes a huge difference," she says, emphasizing how maintaining a positive mindset has not only nurtured her mental well-being but also influenced her physical health. Despite grappling with leg pain that limited her mobility to just two miles, Joan refuses to be held back.

Joan's relationship with CPC has been nothing short of life-altering. As she navigates this new chapter, CPC has stepped in as a lifeline, offering not just practical assistance but also genuine companionship. With the support of friendly volunteers, Joan's grocery needs are met, and her sense of independence is preserved.

For Joan, CPC is more than just a service provider; it's a beacon of hope and an extension of her community. She eloquently expresses, "CPC has been a lifesaver." This sentiment echoes

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the experiences of many who have found solace and strength through CPC's commitment to fostering a network of care.

Read more about Joan Here:

<https://partnersincaring.org/fostering-supportive-bonds-in-the-journey-of-caring/>

Sign up to volunteer today: <https://partnersincaring.org/volunteer/>

Happy Birthday to our amazing July-Born Volunteers!

Happy Birthday Deidre D. from Santa Barbara!

Happy Birthday Wade C. from Santa Barbara!

Happy Birthday Lou I. from Santa Maria!

Happy Anniversary!

Thank you all for your time and dedication to our seniors!

Happy 2 Year Anniversary Veronica C from Santa Maria!

Happy 2 Year Jim H. from Lompoc!

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Welcome Midge!

Midge joined the CPC family as our Outreach Coordinator. She just moved back to the central coast after running a non-profit for 15 years that served seniors in the High Desert in San Bernadino County. Midge is an avid dog lover, and behaviorist and has been active in rescue for 30 years. She loves to illustrate and founded a barcode systems integration company in 1994, serving manufacturers and distribution with automated data collection. We are so happy to have you on board Midge! Learn more about our staff here: <https://partnersincaring.org/our-team/>

Community Events

COMMUNITY
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FRIENDSHIP
CENTER
PRESENTATION

Presentation by CPC
Tuesday, Aug. 22
10-11 a.m.
83 Eucalyptus Ln Montecito, CA

(805) 925-8000

COMMUNITY
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DAY OF HOPE
FUNDRAISER

Fundraiser for Breast Cancer
Wednesday, Aug. 23
6:30 a.m. - 12 p.m.
901 S. Broadway in front of Santa Maria
Highschool
Santa Maria, CA

(805) 925-8000

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View our services:

<https://partnersincaring.org/our-services/>

View Community Resources:

<https://partnersincaring.org/community-resources/>