



Empowering Seniors: Celebrating Senior Independence Month

Welcome to our February newsletter. This month we are celebrating Senior Independence Month! At Community Partners in Caring, we're dedicated to helping seniors and adults with disabilities maintain independence with assistance from our volunteers. **We believe that everyone deserves to live life on their own terms, regardless of age or ability.** Our mission is to ensure they can access essential services like doctor's appointments and grocery shopping while enjoying meaningful human interaction. Join us in honoring the resilience and vitality of our community's older adults and individuals with disabilities this month!

How senior's and adults with disabilities can remain independent through our FREE services:

Get a ride to a doctor's appointment or the grocery store!



Receive friendly check-in calls or visits from volunteers!

Sign up for services:

<https://partnersincaring.org/our-services/>



Beyond the Ride: Connecting Lives at Community Partners in Caring



Daisy, our new member at Community Partners in Caring, recently provided transportation for Jerri R., an experience she won't soon forget.

Jerri, a vibrant woman, shared heartfelt moments during the ride to her doctor's appointment, reminiscing about her loving marriage. Her gratitude for CPC's support was evident, emphasizing its positive impact on her well-being.

She spoke about her husband's Hispanic heritage and their journey living together in Mexico.

Jerri's recounting of their shared experiences painted a vivid picture of love, understanding, and the richness of life's tapestry.

During the journey, Daisy discovered Jerri's life story, and the two forged a friendship, echoing the bond seen in many of our client-volunteer relationships. It's not merely about giving a ride; it's about fostering genuine connections and understanding the lives of our neighbors.

Sign up to volunteer: <https://partnersincaring.org/volunteer/>

Hilda's Corner

CONNECTION—this important word reminds us that we are better, we are stronger, when we are connected to one another. That is what Community Partners in Caring does every day...connecting our Volunteer Caregivers with our Care Receivers – seniors and those living with mild disabilities. In turn, CPC is connected to a host of other organizations who work in supporting our community, especially as we journey through the aging process. Together we form the “Caring Together Santa Barbara County” community. For those of you who are caregivers, please visit their website at www.fsacares.org/caring-together so that YOU are supported in your caregiving journey. If you enjoy independence as a senior aging in home, be sure to visit www.centralcoastseniors.org for a great listing of resources. Or if you prefer you can call them at 805.928.2552 to learn how you can be supported.

Remember, Community Partners in Caring is here to help build and create connections for the betterment of our entire community! Come join us – by volunteering, by donating, or by spreading the word! Hope to connect soon! -Hilda



Happy Birthday to our amazing February-Born Volunteers!

Happy Birthday Tanner C. from Santa Barbara!

Happy Birthday Frank O. from Santa Barbara!

Happy Anniversary to our amazing volunteers who have now marked a special milestone caring for the clients at CPC!

Happy 1-year anniversary to Katie B. from Santa Maria!

Happy 1-year anniversary to Anne d. from Lompoc!

Happy 5 year anniversary to Lou I. from Santa Maria

Happy 3 year anniversary to Andy L. from Santa Barbara!

January 2024 South County Volunteer Meet-Up





Upcoming Events

COMMUNITY Partners IN Caring

CPR/First-Aid/AED Training

Available for all CPC volunteers!

Join Us
**MONDAY
FEB 26,
2024**

MONDAY, FEB. 26
8:30 A.M. - 12:30 P.M.

RSVP to
vponce@partnersincaring.org

LOCATION:
SALVATION ARMY
200 WEST COOK ST.
SANTA MARIA, CA

www.partnersincaring.org
(805) 925-8000

SATURDAY, FEBRUARY 24, 2024
11- 5 P.M.
PIONEER PARK SANTA MARIA, CA

celebrating

BLACK HISTORY MONTH

An Event by NAACP

Find Local Resources for Seniors:

- **Transportation**
- **Mental Health**
- **Report Abuse**
- **Meals**
- **& More!** <https://partnersincaring.org/community-resources/>

Donate to change lives! <https://partnersincaring.org/donate/>

Support older seniors aging in place with dignity, respect, and quality of life through tax-deductible contributions. Your gift to Community Partners in Caring aids our services for Santa Barbara County's growing elderly population.