



March Newsletter 2024

March is celebrated as National Adults with Disabilities Month, a time to recognize and honor the contributions and achievements of individuals living with disabilities. During this month, communities come together to raise awareness about the challenges faced by adults with disabilities and to promote inclusivity and accessibility. Alongside supporting seniors, Community Partners in Caring, also extends our care and support to adults with disabilities, ensuring they receive the necessary resources, services, and opportunities to thrive. This collective effort emphasizes the importance of fostering an inclusive society where every individual, regardless of ability, can lead fulfilling and dignified lives.



Check out the stunning artwork, crafted by Franchesca, one of CPC's clients! Formerly a skilled dog handler and trainer, particularly with sight hounds, Franchesca now channels her talent into various artistic mediums. We cherish the opportunity to connect with the incredible individuals we serve and to learn about their lives, their craft, their hobbies, and most importantly their stories.

Sign up for services:

<https://partnersincaring.org/our-services/>



Hilda's Corner-Caregiving

First Lady Rosalynn Carter, an advocate for caregivers, told us, *“There are only four kinds of people in the world – those that have been caregivers, those that are caregivers, those who will be caregivers, and those who will need caregivers.”*

Community Partners in Caring is the only volunteer non-medical caregiving program in Santa Barbara County. We believe that we all have a role to play in “caring” for our community. We are dedicated to finding individuals who find themselves in need of a helping hand, as well as those who are able to offer that assistance. We hope that you will consider becoming a volunteer for Community Partners in Caring– caring for our community is a little easier when we all come together.

If you are a caregiver or know a caregiver who could use some support, you can find support, education, and additional information through the Coast Caregiver Resource Center. You can call 805.569.8950 or 888.488.6555 or for online information go to: <https://www.cottagehealth.org/services/rehabilitation/caregiver-/>

Volunteer Appreciation

In the heart of Santa Maria, Santa Barbara County, A local hero emerged from the shadows to be recognized for his unwavering dedication to service. David C, a humble volunteer, not only left an indelible mark during his time in the Army but continues to profoundly impact the lives of seniors and adults with disabilities in our community.

Recently, the Mayor of Santa Maria, Alice Patino, bestowed upon David the honor of being one of the 12 Hometown Heroes at City Hall.

The ceremony was a touching tribute to David's service in the Army, where he exhibited courage and selflessness. Mayor Patino praised his commitment to duty and his sacrifices to protect our nation.

However, David's heroism extends far beyond his military service. At our volunteer appreciation dinner in December 2023, he was celebrated for tireless efforts in supporting seniors and adults with disabilities. The room buzzed with gratitude as David



was presented with a gold medal and a beautifully framed certificate of the prestigious Presidential Award.

As we move forward into a new year, let David's story inspire us all to give back to our communities and to recognize the everyday heroes among us.

His selfless service serves as a reminder that each act of kindness, no matter how small, can make a world of difference. We are privileged to have David as a part of our community, and we thank him for embodying the true spirit of Volunteerism and heroism.

Happy Birthday to our amazing March-Born Volunteers!

Happy Birthday Dana B. from Buellton!

Happy Birthday Juan C. from Lompoc!

Happy Birthday Bill D. from Lompoc!

Happy Birthday Jeff H. from Santa Barbara!

Happy Birthday Mike S. from Lompoc!

Happy Birthday Adrian V. from Santa Barbara!

Happy Anniversary to our amazing volunteers who have now marked a special milestone caring for the clients at CPC!

Happy 4-year anniversary to Monica B. from Santa Maria!

Happy 1-year anniversary to Nancy B. from Orcutt !

Happy 3-year anniversary to Juan C. from Santa Maria

Happy 1year anniversary to Elizabeth M. from Santa Barbara!

Find Local Resources for Seniors:

- ***Transportation***
- ***Mental Health***



- *Report Abuse*
- *Meals*
- *& More!* <https://partnersincaring.org/community-resources/>

Donate to change lives! <https://partnersincaring.org/donate/>

Support older seniors aging in place with dignity, respect, and quality of life through tax-deductible contributions. Your gift to Community Partners in Caring aids our services for Santa Barbara County's growing elderly population.