



Happy National Volunteer Month! We want to express our deepest gratitude to all our amazing volunteers who make such a difference in our community and the lives of seniors and adults with disabilities.

As we reflect on the past year, we're reminded of our volunteers' unwavering dedication and resilience. In the face of unprecedented challenges, they stepped up, showing boundless generosity and a commitment to making a difference, no matter the circumstances. Their efforts have brought comfort and assistance to those in need and inspired others to join in our mission of compassion and care.

Your dedication and kindness are truly inspiring. As we celebrate, we also recognize the ongoing need for more volunteers. If you're looking for a meaningful way to give back, consider joining us.

Together, let's continue to spread kindness and make a positive impact. Thank you for all you do!

SIGN UP TO VOLUNTEER: <https://partnersincaring.org/volunteer/>



Andy, a dedicated CPC volunteer, recently shared Robert's story, highlighting his simplicity, resilience, and joy. Each Wednesday, Andy shopped for groceries for Robert, witnessing his appreciation for life's simple pleasures and his unwavering resilience. As an Air Force veteran, photographer, and artist, Robert's life exemplified courage and authenticity, impacting those who knew him. Despite physical limitations, Robert maintained humor and deep connections with family, inspiring others to embrace life's beauty. Though Wednesdays won't be the same without Robert, his

memory reminds us to cherish simplicity, find joy in small moments, and face challenges with grace. In honoring Robert M., his legacy lives on, reminding us of the enduring impact of kindness and compassion. Let's celebrate the transformative impact of these relationships, honoring Robert's memory by continuing to cultivate meaningful connections and support one another with empathy.

Hilda's Corner-Generosity

Having a “generous” spirit is one way to describe Community Partners in Caring volunteers. Other words are patient, kind, funny, understanding, and loving. And these same characteristics can be seen in so many of those we serve – seniors and adults living with disabilities. Daily living can bring us so many challenges that one person helping another can be the bright spot of our day! So, as Spring begins, the days get longer, the sun shines brightly, share your gifts with one another.

As always, I end this note with an invitation. Join us by becoming a becoming a volunteer for Community Partners in Caring – remember, caregiving is just a little easier when we all come together.

Other Information:

Did you know that there is a place you can call to get information about aging? It's called the “Senior Info Line” sponsored by the Central Coast Commission for Senior Citizens. You can find them online at www.centralcoastseniors.org or call them at (800) 510-2020 or (805) 928-2552 Monday through Friday 8 a.m. – 5 p.m., for you, your family, your friends and neighbors and be sure to tell them “Thank you!”

Volunteer Appreciation:

Here are just a few of the outstanding volunteers who contribute to Community Partners in Caring, making a real difference for seniors and adults with disabilities in Santa Barbara County. They consistently go above and beyond, and it's thanks to their dedication that our agency can continue its vital work! You all mean so much to our agency and the seniors that make up our agency. We are so appreciative for all that you do!



Monica B. has been a valued member of CPC since 2020, having completed over 1000 requests during her time with us. Her dedication and commitment to going above and beyond have been instrumental in the success and thriving of our agency.



David C. has been an integral part of CPC for the past three years, having completed over 550 requests during his tenure. His consistent contributions have made him a cornerstone of our volunteer services. Thank you, David, for your continued dedication and support.



Sandy N has dedicatedly volunteered in Santa Barbara since 2020, becoming an integral part of our volunteer community in the area. We appreciate all your efforts, Sandy!



Ellen H has been an invaluable member of our volunteer network for 7 years, assisting with over 300 requests during that time. We deeply appreciate your steadfast support and dedication to CPC, Ellen.



Since the beginning, Danielle M has been an integral volunteer, successfully fulfilling over 500 requests and forging enduring friendships with many clients. Danielle, your exceptional contributions are truly commendable.



Mike is an extraordinary member of our volunteer family, having successfully completed over 350 requests. His dedication to the clients of CPC is remarkable, as he consistently goes above and beyond to lend a helping hand. Mike, we are immensely grateful to have you as part of our family.

Happy Birthday to our amazing April-Born Volunteers!

Happy Birthday Patty R. from Lompoc!

Happy Birthday Kevin Y. from Santa Barbara !

Community Events



Friday May 3
9 a.m.-12 p.m.

Dick Dewees Community Center



CAREGIVER SUPPORT GROUP

Build a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for family caregivers of people with dementia to:

- » Develop a support system with other caregivers.
- » Exchange practical information on solutions to common challenges.
- » Talk through issues and find ways of coping.
- » Share feelings, needs and concerns.
- » Learn about community resources that can help.

**4TH
TUESDAYS
3:00 - 4:00PM**

Facilitated by Don B.

Wisdom Center
2255 S Depot Street
Santa Maria, CA 93455

**ALZHEIMER'S
ASSOCIATION**
CALIFORNIA CENTRAL COAST CHAPTER
ALZ.ORG/CACENTRALCOAST

SAVE THE DATE



2024 Training
Conference

FREE Virtual Conference
Thursday, May 9
9:00 am - 11:30 am
Registration opens in April!

Leading experts will discuss Capacity Assessments and Characteristics of Hoarding

Sponsored by



Can't find the time to volunteer? Help our organization by sending us a donation. This enables us to provide additional services to seniors as well as find more volunteers to keep our organization running.

<https://partnersincaring.org/donate/>
<https://partnersincaring.org/our-services/> View Community Resources

<https://partnersincaring.org/community-resources/>