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**Andy Liepman,
Volunteer Caregiver**

July Newsletter: Introducing the "40 for 40" Campaign

Community Partners in Caring (CPC) is thrilled to announce our support for the National Volunteer Caregiving Network (NVCN) as it celebrates its 40th anniversary. In honor of this milestone, we're launching the "40 for 40" campaign, encouraging community members to volunteer 40 hours over 40 weeks. This initiative underscores the importance of consistent support for seniors.

Nearly 30% of seniors in the U.S. live alone and face challenges that can be eased with volunteer assistance. Our volunteers provide essential services, helping seniors live independently with dignity and respect.

"Supporting the NVCN is central to our mission," says Hilda Zacarias, CPC Executive Director and NVCN Ambassador. "Together, we amplify our impact, ensuring seniors receive the compassionate care they need."

Join 40 for 40: <https://partnersincaring.org/volunteer/>



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Andy, a first-generation American, has a rich family history shaped by his parents' escape from Nazi-occupied Europe to Shanghai. After settling in San Francisco, Andy's parents reconnected, and Andy was born in Carmel, California. He later graduated from UC Berkeley and enjoyed a diverse career, including 31 years with the CIA as an Imagery Analyst.

In retirement, Andy found joy in volunteering. He started at the Santa Barbara Zoo and later joined Community Partners in Caring (CPC), assisting



Become a Volunteer

seniors with errands, transportation, and companionship. Andy's dedication to helping others stems from his mother's example and his desire to give back to the community.

His volunteer work, from delivering food to driving the zoo train, brings him fulfillment and connects him with incredible people.

“My involvement with CPC is so rewarding—first delivering food during the pandemic to people I could see they treasured what I brought. Grandmothers with toddlers playing at their feet, and people who couldn’t leave their homes, were so happy to receive the bags of food from the food bank. It also reinforced how critical government assistance is for families, the elderly, and others who are on the brink of homelessness, hunger, and worse.”

Andy's story reminds us that small acts of kindness can make a big difference. His commitment

Hilda's Corner: The Power of Listening

Listening to our neighbors, friends, and family is vital. It helps us notice changes in cognition and hearing and allows us to hear the incredible stories our elders have to share. Spend time listening to these stories, and share your own. Every person has a story to tell.

Community Partners in Caring (CPC) is here to support seniors and adults with disabilities. Our volunteers assist with transportation, errands, and companionship, helping them age in place with dignity and independence.

Volunteering with CPC is a rewarding way to give back. Your time and effort can make a significant difference in someone's life.

Join us in building a compassionate and supportive community. Whether you need help or want to lend a hand, CPC is here for you.

Aging Isn't A Curse. But Ageism Is A Serious Global Problem. | Think | NBC News Watch here: <https://www.youtube.com/watch?v=dOUSBLPQ5Sk>

Thank you to all who voted for the Target Circle Campaign!!!

We are thrilled to announce that thanks to your participation in the Target Circle Guest-Directed Giving program, Community Partners in Caring received an incredible 92,024 votes. This tremendous support has awarded us \$2,489.26 from Target!

Your votes reflect your belief in our mission and the positive impact we have on the community. We are deeply grateful for your engagement and enthusiasm. Thank you for making a difference and for your continued support. Together, we are building a stronger, more caring community.

Happy Birthday to our amazing July-Born Volunteers!

Happy Birthday Judy E. from Goleta!

Happy Birthday Doris F. from Lompoc!

Happy Birthday Barbara H. from Santa Maria!

Happy Birthday Angela H. from Lompoc!

Happy Anniversary to our amazing volunteers! Your unwavering dedication to CPC clients truly shines, and we deeply appreciate all that you do.

Happy 1 Year Anniversary to Joseph B! You have completed over 35 requests within just one year at CPC. We are so grateful for your support.

Happy 1 Year Anniversary to Donna C! Since joining our agency just 1 year ago, you have helped countless seniors and adults with disabilities access transportation and human connection! 166 requests, wow!



Community Events

CAREGIVER SUPPORT GROUP

Build a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for family caregivers of people with dementia to:

- » Develop a support system with other caregivers.
- » Exchange practical information on solutions to common challenges.
- » Talk through issues and find ways of coping.
- » Share feelings, needs and concerns.
- » Learn about community resources that can help.

**4TH
TUESDAYS
3:00 - 4:00PM**

Facilitated by Don B.

Wisdom Center
2255 S Depot Street
Santa Maria, CA 93455

**ALZHEIMER'S
ASSOCIATION**
CALIFORNIA CENTRAL COAST CHAPTER
ALZ.ORG/CACENTRALCOAST

Can't find the time to volunteer? Help our organization by sending us a donation. This enables us to provide additional services to seniors as well as find more volunteers to keep our organization running.

<https://partnersincaring.org/donate/>

<https://partnersincaring.org/our-services/> View Community Resources

<https://partnersincaring.org/community-resources/>