



## **October Caring News**

*October has been a meaningful month as we came together for Mental Health Awareness Day. At Community Partners in Caring, we recognize the critical role mental health plays in everyone's well-being—especially for isolated seniors and adults with disabilities who often face unique challenges. Our mission has always been to bring these individuals back into the fabric of the community, offering them connection, support, and a sense of belonging that fosters mental wellness.*

*Through our services, we help those who may feel disconnected find companionship, access essential services, and build positive interactions that lift their spirits and remind them they are not alone. But to keep up this vital work, we need dedicated volunteers like you. By volunteering with us, you not only help with essential services but also make a direct impact on someone's mental health and overall well-being.*

*Thank you for all you do to make our community a place where everyone belongs and is cared for. Together, we can continue to build a supportive network that strengthens and uplifts all.*

**Sign up to Volunteer <https://partnersincaring.org/volunteer/>**

## **Connecting Hearts Through Rose of Sharon's Generosity**



Meet Dorlene, one of our cherished clients. At 87, she faces challenges with walking, but her heart is full of love for her son, who owns Rose of Sharon, the flower shop in town. Dorlene signed up for our services with the hope of spending more time with him. While her son is busy creating beautiful floral arrangements, he also has some physical limitations, which makes it difficult for them to visit each other as often as they'd like.

With the help of our dedicated volunteers, they've found a special way to stay connected and share precious moments together.

In a heartfelt gesture, Rose of Sharon is offering small floral arrangements for our clients. These lovely flowers are a symbol of love and connection, and we would be delighted for you to share them with those you visit. A fresh batch arrives at our office every Monday morning, so please call or text us to arrange a pickup before your next visit.

Thank you for helping brighten our clients' days and for being part of these meaningful connections!

## **Hilda's Corner: Growing Together**

This summer, CPC saw the largest influx of new clients since we began, thanks to the fantastic response from recent publicity. But with more clients, we now need more volunteers to meet their needs. Could you help us connect with potential volunteers? We'd love to hear your ideas on how to spread the word—reach out to me directly at 805-556-8655 or via email at [hilda@partnersincaring.org](mailto:hilda@partnersincaring.org). You can also contact Midge at [midge@partnersincaring.org](mailto:midge@partnersincaring.org).

Every message we share reminds volunteers that their impact is life-changing, and we're especially grateful for those who love to drive. "Love to Drive?" "Make your miles count!" "Driving for a Difference"—these are the ways our volunteers inspire connection, independence, and a brighter day for everyone they serve.

Thank you for being part of our community and for helping us build even more meaningful connections!

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***Explore these valuable resources to help you access mental health resources throughout the central coast.***

[https://centralcoastseniors.myresourcedirectory.com/index.php?option=com\\_cpx&common\\_id=2510&task=search.query&code=RP-1500%2C+RP-1400%2C+RP-6400%2C+YD-3300%2C+RX&name=Mental-Health-icon-mental](https://centralcoastseniors.myresourcedirectory.com/index.php?option=com_cpx&common_id=2510&task=search.query&code=RP-1500%2C+RP-1400%2C+RP-6400%2C+YD-3300%2C+RX&name=Mental-Health-icon-mental)

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As we approach the end of the year, please consider how much your contribution means in helping us continue to serve seniors and adults with disabilities.

Your donation will help us expand our reach, recruit more dedicated volunteers, and provide essential services to those in need. Together, we can ensure that every senior and adult with disabilities in Santa Barbara County receives the support and care they deserve. Thank you for making a difference!

**Donate Now:** <https://partnersincaring.org/donate/>

***Happy Birthday to our amazing volunteers with September Birthdays. Thanks for all that you do for CPC!***

***Happy Birthday Maeton F. from Goleta!***

***Happy Birthday Nancy D. from Orcutt!***

***Happy Anniversary to our amazing volunteers that have joined in October! We deeply appreciate all that you do.***

***Happy 5 Year Anniversary to Lisa A! You have completed over 327 requests within 5 years at CPC. We are so grateful for your support. You have played such a vital role in keeping our agency alive.***

***Happy 6 Year Anniversary to Judy E. Since joining our agency just 6 years ago, you have helped over 750 requests! That is AMAZING! This agency appreciates your dedication.***

***Can't find the time to volunteer? Help our organization by sending us a donation. This enables us to provide additional services to seniors as well as find more volunteers to keep our organization running. <https://partnersincaring.org/donate/> <https://partnersincaring.org/our-services/> View Community Resources <https://partnersincaring.org/community-resources/>***