



NOVEMBER 2024

HONORING  
NATIONAL FAMILY  
CAREGIVERS MONTH

### ***November Caring News***

This November, we proudly join the nation in celebrating National Family Caregivers Month (NFCM)—a time to honor and recognize the incredible dedication of family caregivers across the United States. Caregiving is an essential act of love and commitment, yet it often comes with challenges that require both awareness and support.

NFCM shines a spotlight on caregiving issues, helping to educate communities and inspire action. It's also a call to rally around caregivers, increasing the resources and services they need to thrive.

At Community Partners in Caring, we are deeply committed to easing the burdens on family caregivers by providing essential services for seniors and adults with disabilities. Through our volunteer network, we offer transportation, opportunities for socialization, and access to food, ensuring loved ones receive the care they deserve while families find some relief.

Let's use this month to celebrate caregivers, raise awareness, and strengthen our shared commitment to supporting those who care for others.

Join us and be a part of this vital mission!

**Sign up to Volunteer** <https://partnersincaring.org/volunteer/>

### **Gratitude and Friendship Through Volunteering**

Meet Dorlene, one of our cherished clients. At 87, she faces challenges with walking, but her heart is full of love for her son, who owns Rose of Sharon, the flower shop in town. Dorlene signed up for our services with the hope of spending more time with him.



Meet Willie and David—a story of gratitude, friendship, and shared service. Willie, a veteran living alone, needed reliable transportation to his VA clinic and doctor’s appointments. Through our program, he was matched with David, a dedicated volunteer and fellow veteran.

Their shared military background immediately sparked a friendly rivalry: Willie, a proud Army veteran, and David, an Air Force champion, often enjoy lively banter during their rides. But their connection goes beyond transportation. David’s companionship has brought Willie not just support but a renewed sense of camaraderie and belonging.

This Veterans Month, we’re grateful for volunteers like David, who bring warmth, kindness, and connection to those they serve. Together, they remind us that small acts of kindness can create lasting bonds.

## **Hilda's Corner: Giving Thanks**

November is a month of gratitude—a time to reflect on the many blessings in our lives and the people who make them possible. We begin by honoring Veterans Day, expressing our heartfelt appreciation for those who have selflessly served our country. We close the month with Thanksgiving, celebrating the gift of connection, community, and care. November is also National Family Caregivers Month, reminding us to recognize and thank the caregivers who work tirelessly to support loved ones in need.

At Community Partners in Caring (CPC), we have so much to be thankful for. This year, we experienced the largest influx of new clients in our history, thanks to the incredible response to recent publicity. With this growth, however, comes the vital need for more volunteers to help us continue providing life-changing services.

We’re grateful for every volunteer who makes a difference, whether it’s through driving clients to appointments, helping with errands, or providing companionship. Volunteers truly inspire connection, independence, and brighter days for everyone they touch. This season, we ask you to join us in giving thanks for their efforts—and in helping us grow our network of caring individuals. Do you know someone who would make a wonderful volunteer? We’d love to hear your ideas for spreading the word. Please reach out to (805) 925-8000 or visit [www.partnersincaring.org/volunteer](http://www.partnersincaring.org/volunteer).

---

***Explore these valuable resources to help families access caregiver support throughout the central coast.***

[https://centralcoastseniors.myresourcedirectory.com/index.php?option=com\\_cpx&common\\_id=2518&task=search.query&code=PH-7000%2C+YD-3300%2C%0D%0APP-1400.8000-145&name=Caregiver-Supports-icon-caregiver](https://centralcoastseniors.myresourcedirectory.com/index.php?option=com_cpx&common_id=2518&task=search.query&code=PH-7000%2C+YD-3300%2C%0D%0APP-1400.8000-145&name=Caregiver-Supports-icon-caregiver)

---

**Get news from Caring Together Santa Barbara County directly to your inbox. Caring Together Santa Barbara County is dedicated to supporting and advocating for caregivers in our community. <https://caringtogethersbc.org/>**

As we approach the end of the year, we invite you to join the global movement of generosity this Giving Tuesday. This special day is a reminder of the incredible impact we can make when we come together to support those in need.

Every dollar you donate goes directly toward helping isolated seniors and adults with disabilities throughout Santa Barbara County. Your generosity enables us to provide critical services like transportation, socialization, and access to essential resources.

This Giving Tuesday, please consider how much your contribution means in helping us continue to serve our community. Together, we can brighten the lives of those who need it most. Donate today and make a difference!

**Donate Now: <https://partnersincaring.org/donate/>**

*Can't find the time to volunteer? Help our organization by sending us a donation. This enables us to provide additional services to seniors as well as find more volunteers to keep our organization running. <https://partnersincaring.org/donate/> <https://partnersincaring.org/our-services/> View Community Resources <https://partnersincaring.org/community-resources/>*