



December Caring News

As we approach the end of 2024, it's the perfect time to reflect on the profound impact Community Partners in Caring (CPC) has had on the lives of seniors and individuals with disabilities in our community. This year, thanks to the unwavering generosity of our supporters—both through time and financial contributions—CPC has continued to provide vital caregiving support that transforms daily lives.

Our Volunteers Caregiving Program is a lifeline for many, offering one-on-one non-medical assistance that alleviates isolation and ensures essential needs are met. From helping individuals access medical care and medications to running errands and securing fresh groceries, CPC volunteers are stepping up to address the growing needs of Santa Barbara County's aging population. In fact, this summer marked the largest increase in clients in our 27-year history—a testament to the rising demand for compassionate care in our community.

As the holiday season highlights the spirit of giving, we invite you to consider how you can contribute. Whether through volunteering your time, supporting CPC financially, or simply spreading the word about our mission, your involvement helps ensure that our neighbors receive the care and companionship they deserve. Together, we can continue to build a community where everyone feels valued and supported.

Sign up to Volunteer <https://partnersincaring.org/volunteer/>

Making a Difference: Michael's Story

At 70 years old, Michael lives alone and battles severe back pain that makes driving impossible. With limited income, accessing vital treatment in Santa Maria seemed beyond his reach. That's where Community Partners in Caring stepped in.



Mike, a dedicated CPC volunteer, drives long distances from Lompoc to ensure Michael can attend his appointments. This compassionate support has been life-changing for Michael. “Without Mike’s help, I wouldn’t be able to get the treatment I need,” Michael shares. “I’m so grateful for his kindness and willingness to go the extra mile.”

This story is just one example of how CPC volunteers transform lives by providing the support and connection that so many in our community depend on. Through our program, he was matched with David, a dedicated volunteer and fellow veteran.

Their shared military background immediately sparked a friendly rivalry: Willie, a proud Army veteran, and David, an Air Force champion, often enjoy lively banter during their rides. But their connection goes beyond transportation. David’s companionship has brought Willie not just support but a renewed sense of camaraderie and belonging.

This Veterans Month, we’re grateful for volunteers like David, who bring warmth, kindness, and connection to those they serve. Together, they remind us that small acts of kindness can create lasting bonds.

Sign up for services:

https://na4.documents.adobe.com/public/esignWidget?wid=CBFCIBAA3AAABLblqZhCz5r79QHYhSBacTj1wfQDYsttg4Kp5lnw2rny2-6GCrX0Js99unV8ou2XmTQPABal*

CPC in the News- Check out our KSBY interview Here:

<https://www.ksby.com/santa-maria/volunteers-needed-for-senior-program-in-santa-barbara-county>

Hilda's Corner: December – A Time of Reflection

December is a month of reflection—a time to pause and appreciate the moments and people who have shaped our lives throughout the year. Whether you celebrate Christmas, Hanukkah, Kwanzaa, or simply the beauty of winter, this season encourages us to embrace gratitude and connection.



As the year draws to a close, it's a time to focus on the positives while acknowledging the challenges we've faced. Think of those who've made a difference in your life—a warm smile, a helping hand, or a kind word—and take pride in the moments you've brightened someone else's day as well.

At Community Partners in Caring, we are inspired daily by the generosity and compassion of our volunteers and supporters who bring hope and light to our community. Let's carry that spirit into the new year, continuing to reflect, give, and care for one another.

Explore these valuable resources to help families access caregiver support throughout the central coast.

https://centralcoastseniors.myresourcedirectory.com/index.php?option=com_cpx&common_id=2518&task=search.query&code=PH-7000%2C+YD-3300%2C%0D%0APP-1400.8000-145&name=Caregiver-Supports-icon-caregiver

Get news from Caring Together Santa Barbara County directly to your inbox. Caring Together Santa Barbara County is dedicated to supporting and advocating for caregivers in our community. <https://caringtogethersbc.org/>

Citibank Tips: Stay Safe from Holiday Scams with These Smart Habits

- Verify requests: Stop, hang up, call the company.
- Protect your card: Never share or mail it.
- Secure devices: Use multi-factor authentication.
- Avoid investment scams: Download apps from official stores; research first.
- Guard personal info: Share cautiously, especially online.



As we close out the year, we invite you to reflect on the impact you can make in the lives of seniors and individuals with disabilities in our community.

Community Partners in Caring relies on the generosity of supporters like you to provide life-changing services—from transportation to medical appointments and grocery assistance to companionship for those who might otherwise feel isolated.

Your financial investment allows us to meet the growing demand for these vital services and continue supporting our neighbors who need us most. With your help, we can reach more individuals, train additional volunteers, and ensure that no one is left behind.

Every dollar makes a difference. A gift of any size empowers us to provide the care, connection, and hope that so many depend on. This holiday season, give the gift of community by making a year-end donation. Together, we can make an even greater impact in 2024.

Donate Now: <https://partnersincaring.org/donate/>

Can't find the time to volunteer? Help our organization by sending us a donation. This enables us to provide additional services to seniors as well as find more volunteers to keep our organization running. <https://partnersincaring.org/donate/> <https://partnersincaring.org/our-services/> View Community Resources <https://partnersincaring.org/community-resources/>